



# Tobacco Free Drop-In Meetings

- ❖ Have you quit using tobacco products and would like support to help you stay tobacco free?
- ❖ Do you want to quit smoking, but don't know where to start?
- ❖ Would you like to meet others who have successfully quit using tobacco products?

***If you answered "yes" to any of these questions, join us for the Tobacco Free Drop-In Meetings.***

*These meetings will be facilitated by a leader who provides education and guidance. Participants will also have the benefit of being in a room with others who are facing similar issues, experiences and concerns.*

**Meets the 1<sup>st</sup> Wednesday of every month**

**Time: 12:00 - 1:00 pm\***

**Location: Dobbs University Center (DUC), Room 355**

**RSVP: [diane.n.weaver@emory.edu](mailto:diane.n.weaver@emory.edu)**

*\*It is recommended that you stay for the hour, but not required*

**Open to all Emory faculty, staff, and students free of charge.**



**Faculty Staff Assistance Program**  
The Emory Wellness Center  
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